







Access to accurate, inclusive sex education is vital for safe and pleasurable sexual experiences. Our trained facilitators at Ark Support Coordination offer **one-on-one therapy for individuals with intellectual or developmental disabilities.**

We provide age-appropriate, medically accurate and inclusive sexuality education in a safe learning space. These sessions cover topics such as identity, kinds of relationships, communication, sexual parts and consent.

Why is disability sex education so important?

The ability to express yourself sexually is a fundamental human right. People with disabilities are often deemed 'non-sexual beings' and experience an increased risk of sexual violence. **Studies show effective sex education can reduce the chances of abuse and support self-advocacy.**

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We're in it with you